



Milena Nossen – Year 5 2024



Objectives

- To have an approach to interpretate x-rays and CTs for chest and abdomen.
- To recognise common pathologies on imaging and to know their management.

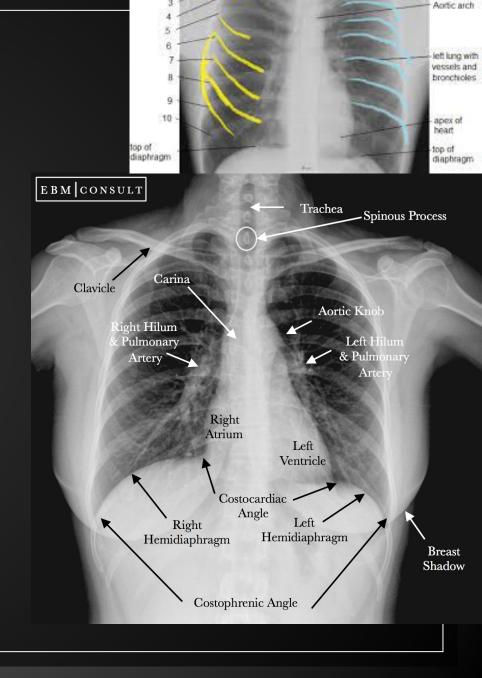


Content

- ∘ Chest X-ray interpretation
- Abdominal X-ray interpretation
- CT scans for supplementation

Chest X-ray Approach

- Dr. Details ID, date of film, prv images (or mention you would compare)
- R Rotation distance medial clavicle to spinous process
- Inspiration 5-6 anterior ribs
- P Projection PA or AP? AP can see scapula border, also CRAP for heart
- E Exposure see vertebrae behind heart
 - -> If major abnormality can mention here, e.g. massive effusion
- A Airway trachea, carina, bronchi, hilar structures
- B Breathing lung fields
- C Cardiac heart size (<50%), borders (if unclear suggests lung pathology)
- D Diaphragm costophrenic angles, pneumoperitoneum, position
- E Everything else bones, soft tissue, artefacts





50-year-old male, presents to ED with fevers, cough, hypoxia.

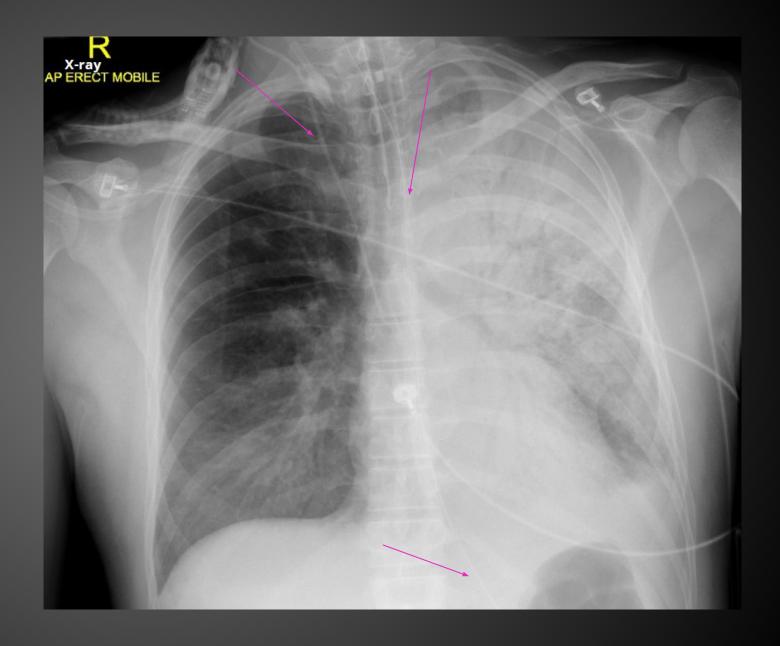
Findings?

Almost complete white-out of the left hemithorax with extensive air bronchograms indicating this is consolidation. Patchy airspace opacity on the right.

ETT, right internal jugular CVC and NGT appropriately positioned.

Severe case of community-acquired pneumonia

Next steps: IV Abx, O2



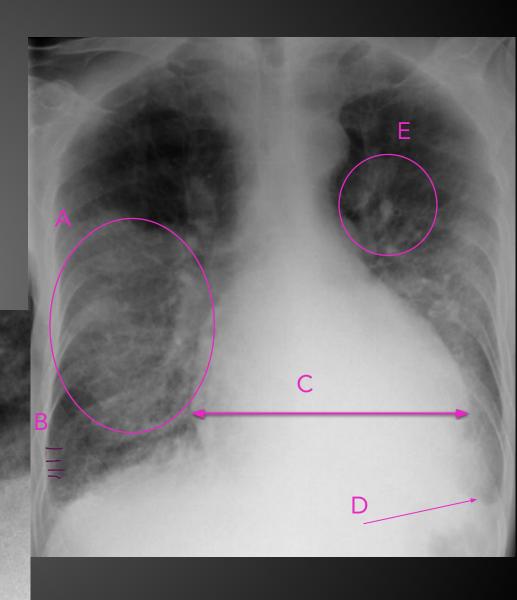


55-year-old male, progressive dyspnoea and leg swelling

Findings?

- -> acute heart failure
- A. Airspace shadowing (bat's wing) (alveolar oedema)
- B. Kerley B lines
- C. Cardiomegaly
- D. Blunt costophrenic angles (diaphragm)
- E. Upper zone vessel enlargement

Next steps: IV diuretics, consider ventilation, inotropes, vasopressors



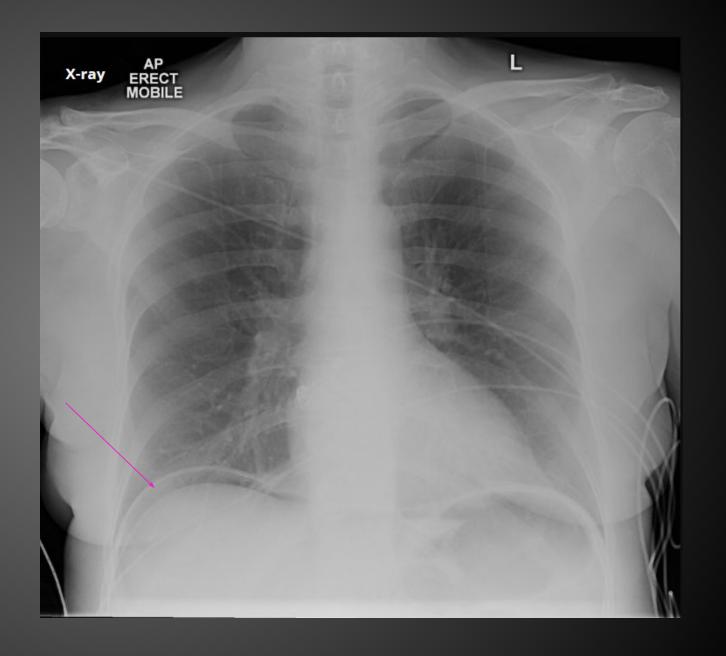


Findings?

Free subdiaphragmatic gas (due to recent bowel surgery).

Note: wires seen (likely ECG leads).

Next steps: further imaging (often CT abdomen & thorax to detect free air in abdomen), emergency laparotomy OR conservative treatment





Findings?

Missing lung markings on the left, collapsed lung can be seen in the centre.

☐ Large left pneumothorax with the whole lung collapsed towards the hilum.

Next steps: needle aspiration OR chest drain OR conservative





Diagnosis?

Malposition of the NG tube. Given the bronchial anatomy, if an NG tube enters the trachea, it is most likely to end up in the right lower lobe because its bronchus is most vertical and in line with the trachea.

The tip of the tube appears to be below the diaphragm, but this is just because the tube as entered the posterior segment and is projected below the level of the anterior diaphragm.

Certainly an enthusiastic attempt at NG insertion.



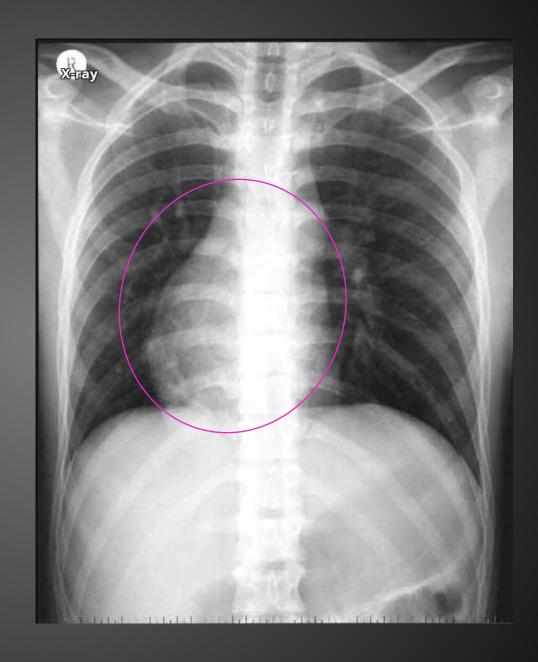


Findings?

The heart is positioned inversely.
The upper abdominal organs (and probably the lungs, too) are in their normal positions.

-> Double check sides of x-ray!

Dextrocardia



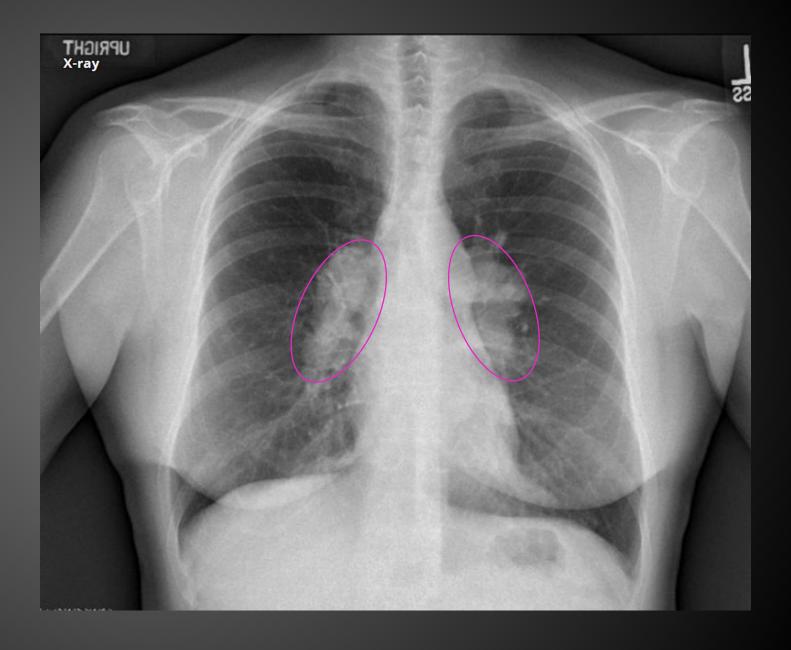


Findings?

Bilateral hilar lymphadenopathy. No evidence of interstitial lung disease.

Causes include sarcoidosis, infection, malignancy

Next steps: CT, biopsy

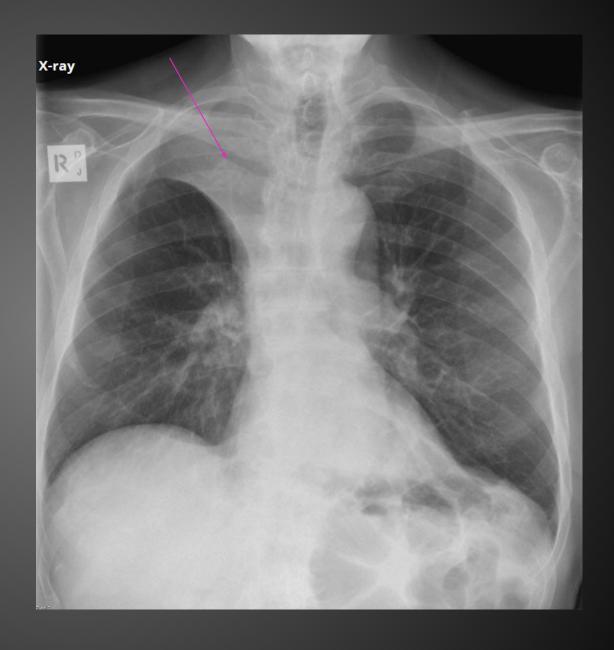




Findings?

Almost complete collapse of the right upper lobe.

Next steps: determine cause (bronchoscopy/ CT), remove obstruction / physiotherapy if mucus plug





Findings?

Almost complete collapse of the right upper lobe.

CT scan: right upper lobe bronchus mucus plug

Bronchial washing: Eosinophilia with fungal elements identified

Aspergillus fumigatus ISOLATED





Findings?

Numerable masses and nodules in both lungs. Small right sided pleural effusion.

☐ Cannonball metastases

Next steps: refer to oncology for staging, if no source known whole body CT

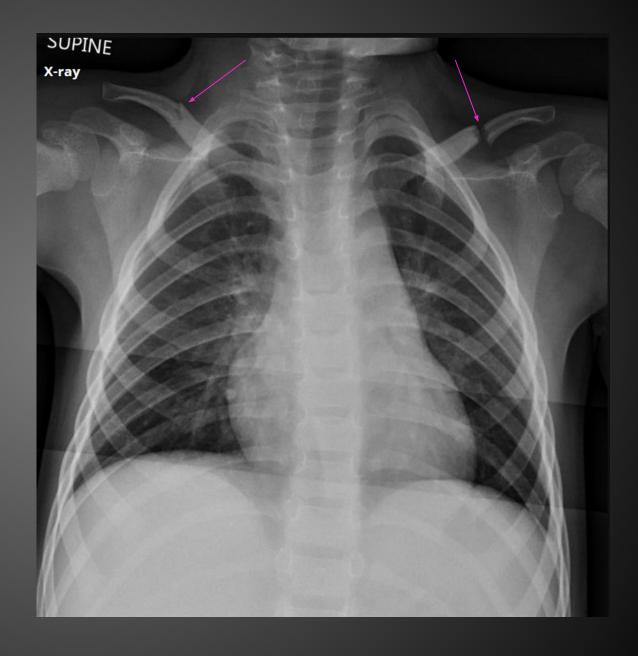




3-year-old after high speed RTC

Findings?

Bilateral clavicle fractures. No other abnormalities.





Known cystic fibrosis.
Worsening breathlessness.

Findings: coarse reticular shadowing -> indicative of interstitial lung disease

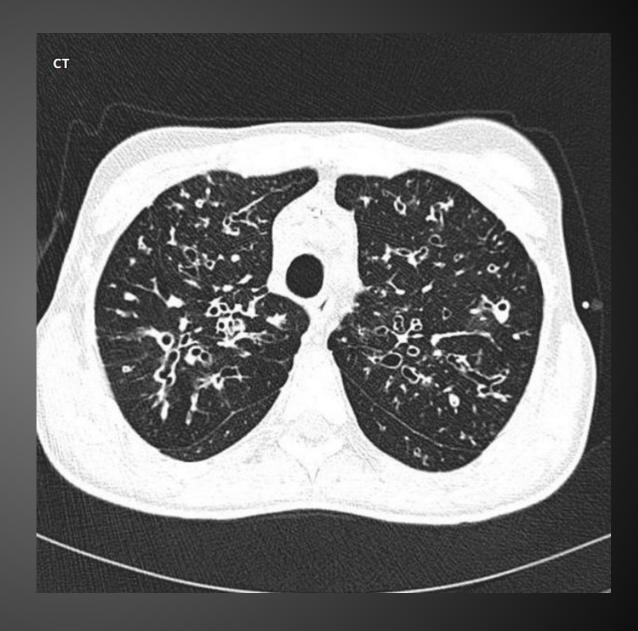
Next step: CT





CT scan:

Bronchiectasis with bronchial wall thickening





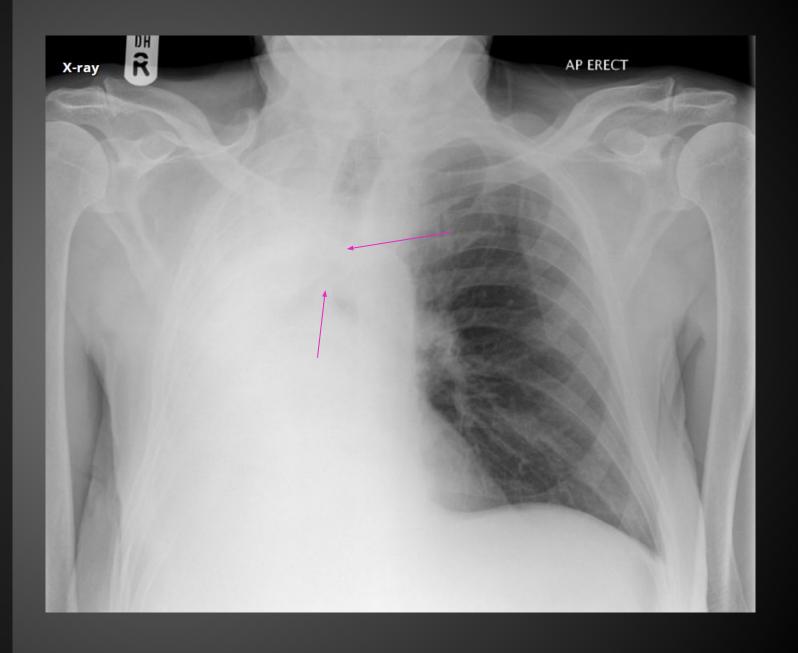
Findings?

Total white-out of the right hemithorax with tracheal deviation to the right.

Cause? Look at trachea

- Pulled towards: pneumonectomy, total lung collapse, pulmonary agenesis
- central: consolidation, mesothelioma, pulmonary oedema
- Pushed away: pleural effusion, diaphragmatic hernia, large pulmonary mass

CT confirmed total lung collapse, secondary to a T4N3M1 lung tumour





Findings?

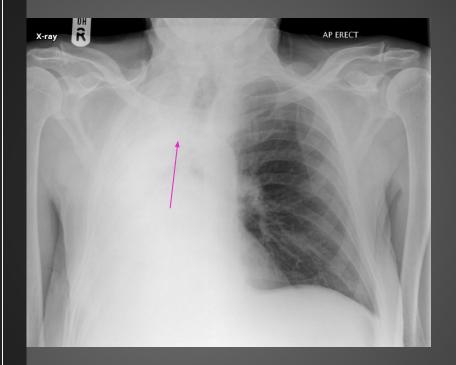
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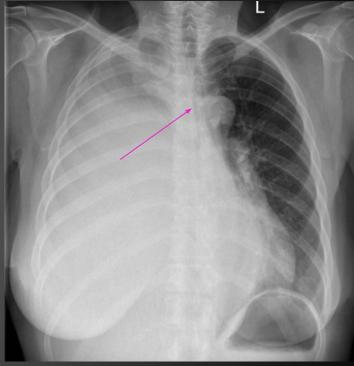
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CT confirmed total lung collapse, secondary to a T4N3M1 lung tumour

On the right: large pleural effusion







20-year old with SOB and cough

Findings?

- 1. Subtle patchy reticular thickening in both lungs
- 2. New bilateral lower lobe predominant patchy opacities, right greater than left

Next steps: CT, broad infection screen, autoimmune screen, FBC, ESR, CRP, cultures

Day 1 Day 2







20-year-old with SOB and cough

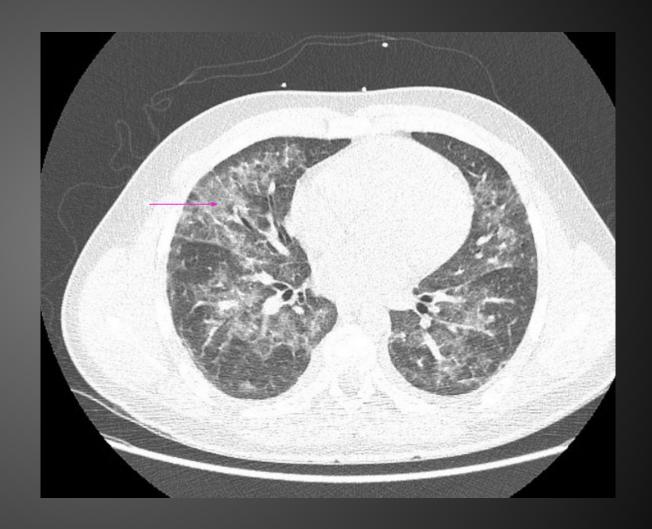
Findings?

Extensive symmetric bilateral groundglass and reticular opacities in a brochovascular distribution with subpleural sparing affecting all lobes.

-> electronic cigarette or vaping product use-associated lung injury (EVALI)

EVALI: recent hx of vaping & CT changes without other cause (infections or others)

Next steps: oxygen, steroids



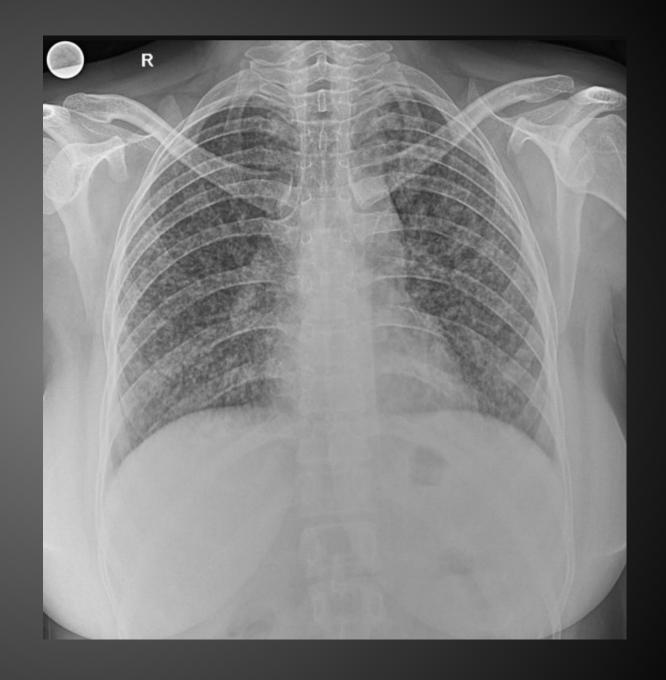


5-month history of productive cough, fever, weight loss

Findings?

Multiple tiny nodular opacities of average size 1-3 mm noted diffusely in bilateral lung fields suggestive of miliary tuberculosis.

Next steps: infection control, sputum smear (Ziehl-Neelsen stain)/ culture or NAAT





5-month history of productive cough, fever, weight loss

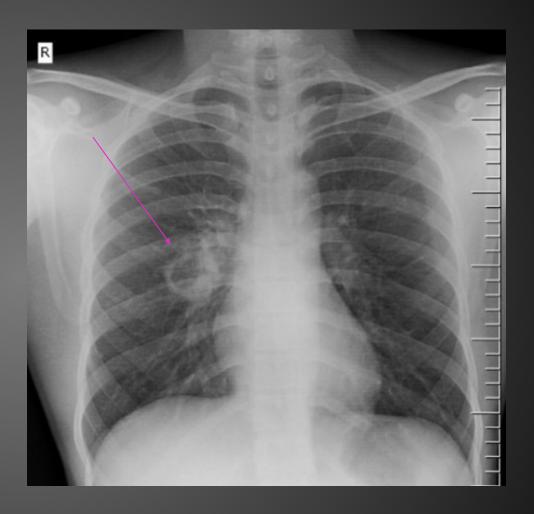
Findings?

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Next steps: infection control, sputum smear (Ziehl-Neelsen stain)/ culture or NAAT

This x-ray shows a cavitary lesion in the right para-hilar area in the midzone of right lung -> pulmonary TB



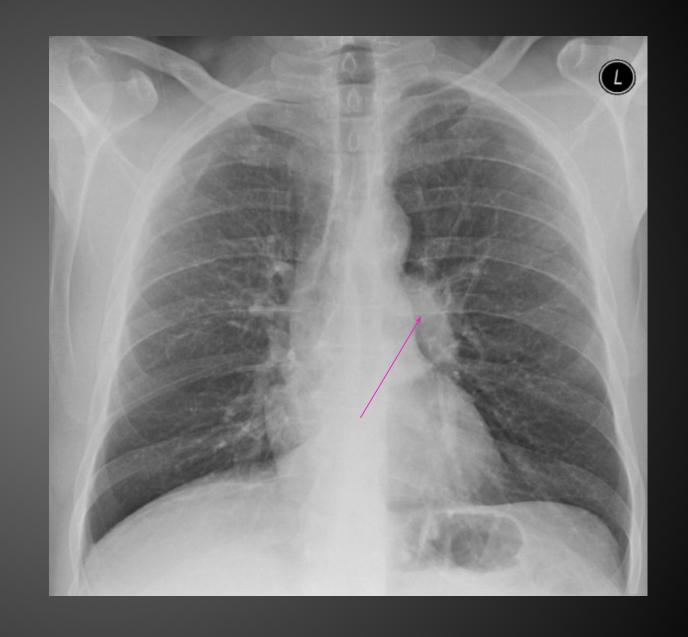


Findings?

The dense hilum sign and a lobulated soft tissue mass lesion is noted posterior to the left hilum.

Highly suggestive of lung carcinoma

Next steps: CT, biopsy



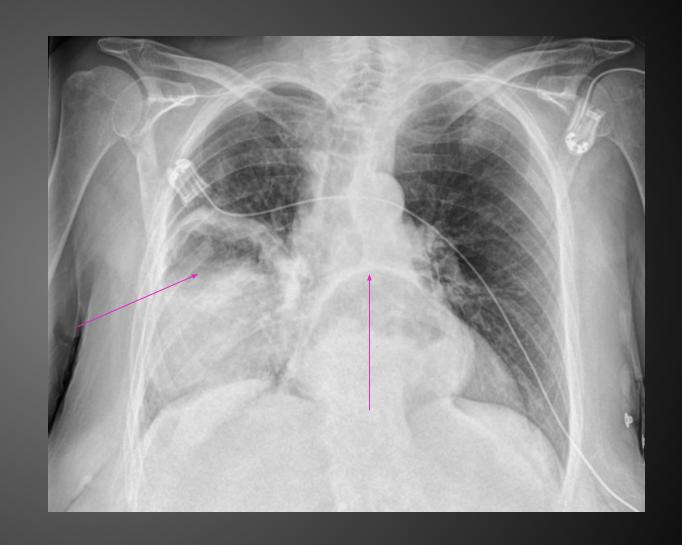


Patient feeling 'under the weather'.

Findings?

Cavitating mass in the right lower lobe with an air-fluid level. Left lung normal. Large hiatus hernia.

Next steps: CT, drainage, Abx



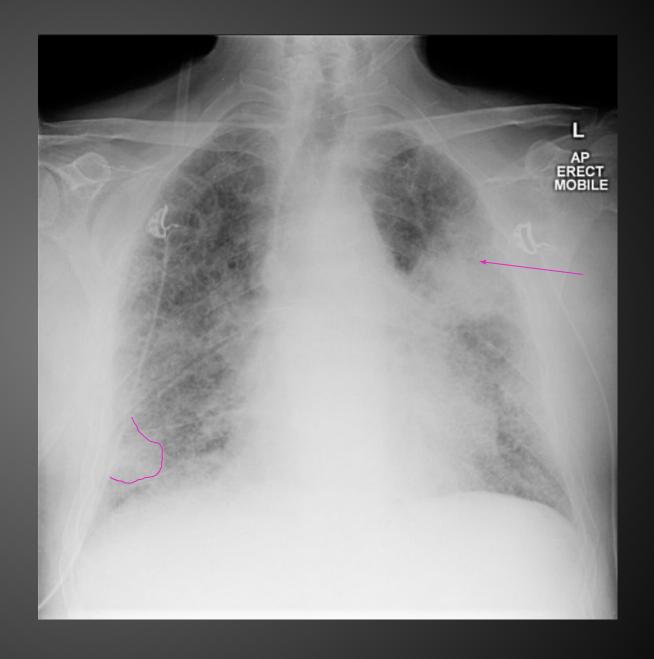


Known pulmonary fibrosis for 3 years. Recent deterioration with raised inflammatory markers.

Findings?

There are changes of diffuse and extensive fibrosis in both lungs (lung volume reduction & reticulation). Segmental area of consolidation is present in the left upper lobe. An ill defined possible mass lesion is seen at the right base.

Next steps: CT, biopsy, ABx



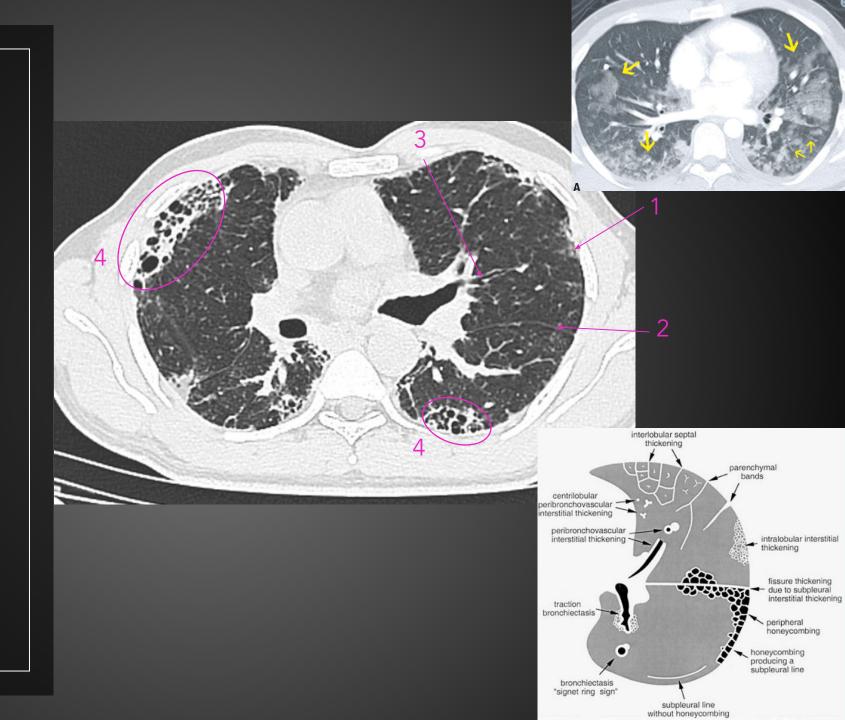


CT scan (not this patient)

Findings?

Features consistent with usual interstitial pneumonia (UIP), IPF most common cause.

There are ground glass opacities (1) as well as interlobular and subpleural interstitial septal thickening (2) with a predominate peripheral and basal distribution. Traction bronchiolectasis (3) is present in the region of affected lung. Layers of honeycombing cysts (4) are present in the basal segments of the right lower lobe and lesser degree in the left lower lobe. Overall the lung volume is reduced. Reactive mediastinal lymph nodes noted.





Abdominal X-ray Approach

- Dr. Details ID, date of film, prv images (or mention you would compare)
- P Projection AP /PA
- E Exposure diaphragm to pelvis, adequate exposure
 - -> If major abnormality can mention here
- A Air only within lumen of the bowel. If intraperitoneal air suspected, erect chest x-ray best
- Bowels position, size, wall thickness: SB (central, folds across, small volume air) vs LB (peripheral, folds alongside, air & faecal matter). 3-6-9 rule for SB,
- D LB, caecum diameter
 - Dense structures, calcification, bones ribs, vertebrae, pelvis, femurs, renal/gallstones
- O Organs and soft tissue inspect for abnormalities but not precise
- X eXternal objects / artifacts





Distended abdomen. Absolute constipation for 24 hours.

Findings?

The large bowel is gas filled and distended down to the level of the distal descending colon-sigmoid. Small bowel collapsed. No free gas.

-> Large bowel obstruction

Next steps? NBM, IV fluids, NG tube. CT to identify cause, laparotomy





Distended abdomen and vomiting.

Findings?

Multiple loops of dilated gas filled small bowel in the central abdomen. The large bowel is collapsed. No pneumoperitoneum.

-> Small bowel obstruction

Next steps? NBM, IV fluids, NG tube, CT and laparotomy to find and treat obstruction



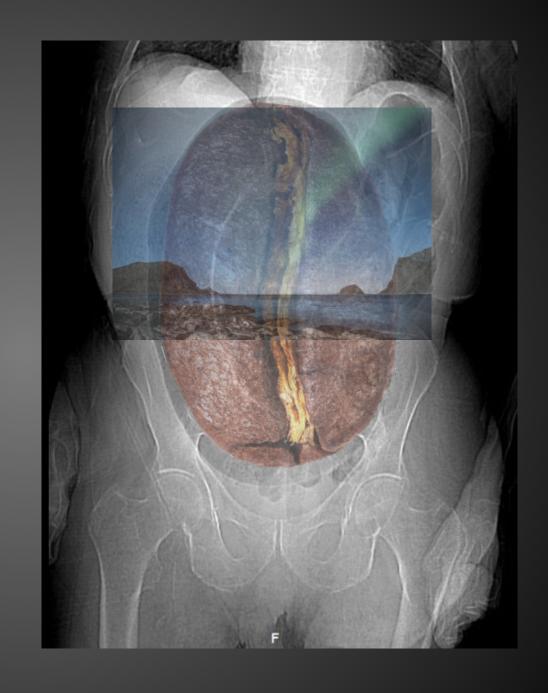


Findings?

Dilatation of the sigmoid (coffee bean shape). It extends superior to the transverse colon, (northern exposure sign). Absent of gas in the rectum.

☐ Sigmoid volvulus

Next steps: rigid sigmoidoscopy with rectal tube insertion



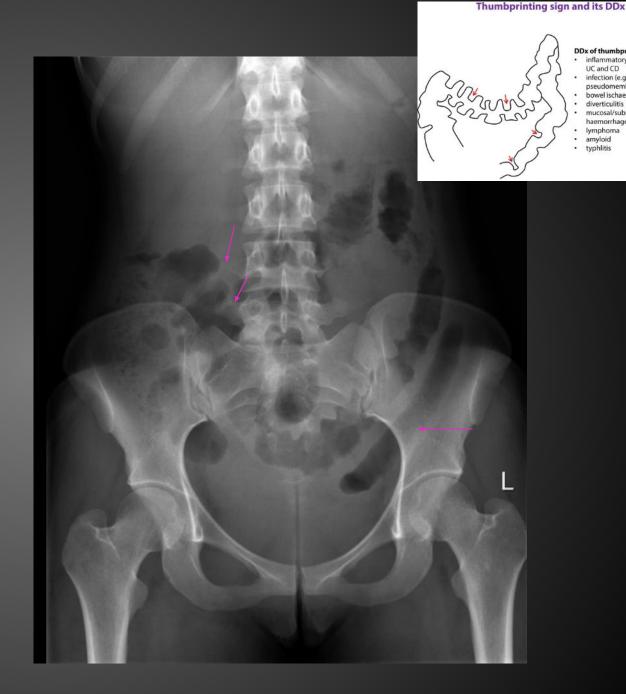


Findings?

Thumbprinting of the transverse colon and lead pipe appearance of the descending colon. No dilated large or small bowel loops to suggest toxic megacolon or bowel obstruction. No features of pneumoperitoneum.

☐ Inflammatory bowel disease

Next steps: treat flare up as per guidelines



inflammatory bowel disease UC and CD



Findings?

Increase in gaseous distension of the distal transverse colon. The transverse colon and sigmoid colon are both featureless consistent with severe colitis. There is faecal loading in the right side of colon. No evidence of free gas or pneumatosis intestinalis. The appearance is concerning for toxic megacolon.

Next steps: CT, supportive management incl. IV fluids, NG tube, bowel rest.

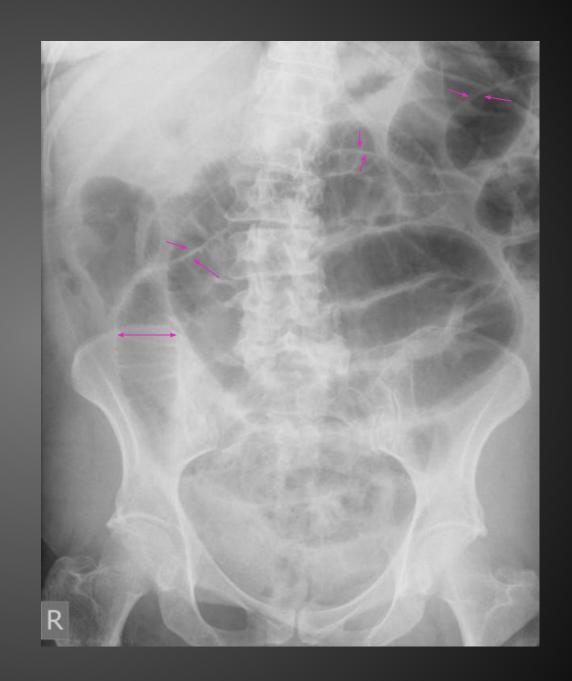




Findings?

Distended, gas-filled loops of small bowel. Extensive intramural gas and free gas (Rigler sign).

Next steps: CT, observation OR surgery, Abx





Questions?

- Sources: all cases from radiopaedia, except:
 - HF case from radiology masterclass





Feedback



Thank you for attending today's session!

Website: www.gktmsa.org/

Please fill in the feedback form:

https://docs.google.com/forms/d/1wm2UdSB7m8DXGCImp2DQdpGmocdo 8OUE-nPmgerVkO8/viewform?edit requested=true





Content covered

- Chest X-ray interpretation
 - Approach
 - Lung: pneumothorax, pneumoperitoneum, pneumonia, TB, lesions (ca), pleural effusion, lobar collapse
 - Bronchiectasis, fibrosis, ILD
 - NG tube placement, EVALI
 - Cardio: heart failure, dextocardia
- Abdominal X-ray interpretation
 - Approach
 - Toxic megacolon, volvulus, IBD, perforation, obstruction
- (CT scans for supplementation)

